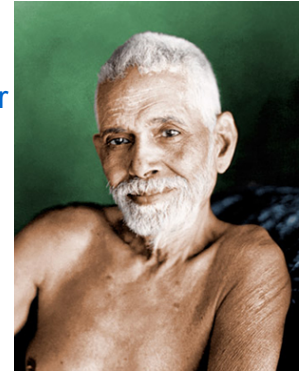


## Quotes by Ramana Maharshi

*Ramana Maharshi:* We think that there is something hiding our Reality and that it must be destroyed before the Reality is gained. It is ridiculous. A day will dawn when you will yourself laugh at your past efforts. That which will be on the day you laugh is also here and now.

*Questioner:* How to attain the Self?

*Ramana Maharshi:* Self is not to be attained because you are the Self.



*Ramana Maharshi:* There are no two selves- for the self to speak of the non-realisation of the Self.

*Ramana Maharshi:* Realisation is our nature. It is nothing new to be gained. What is new cannot be eternal. Therefore there is no need for doubting if one would lose or gain the Self.

*Questioner:* Is there any use of the man of Realisation for the seeker?

*Ramana Maharshi:* Yes. He helps you to get rid of the delusion that you are not realised.

*Questioner:* Is everybody feeling God always?

*Ramana Maharshi:* Yes.

### **BONUS!:**

#### ***The Essence of Ribhu Gita***

- Firmly established in the Self, undisturbed by the least ripple of thought, still as an effigy of stone or wood, dissolved completely in Brahman-Self even as water and milk, with awareness devoid of all impurities of thought and drowsiness, standing clear as the pure sky, the grandeur of the jnani's nishta (firm stance in the Self) defies thought and expression.
- There are no such things as achieved objectives and the efforts leading to them, association with the wise or the ignorant, efforts of learning and knowledge acquired, acts of enquiry and practice, the learner or the learned, and any goals achieved. What exists is only Brahman, the effulgent Awareness - Self.
- The ego or separate soul is a concept. Enquiry into the ultimate nature of one's own existence is a concept. There is nothing whatever except concepts. All concepts are really the Reality of the Supreme Absolute Being.